

CENTRAL NEW JERSEY RAIL TRAIL (CNJ TRAIL)



TRAILHEADS / PARKING:

7th Avenue Trailhead
 Located on 7th Avenue in Scranton between Lackawanna Avenue and Emmett Street.

Broadway Trailhead
 Located on Broadway Street in Scranton between 3rd Avenue and South Washington Avenue.

Elm Street Trailhead
 Located on Elm Street in Scranton between 3rd Avenue and South Washington Avenue.

PHOTOS

Visit LHVA's flickr photostream to view photos of the CNJ Trail at:

<http://www.flickr.com/lackawannaheritage>

Or click [here](#) to link to photos of the CNJ Trail on flickr.

Legend			
	Parking		Police
	Park		Eatery
	Gas Station		Grocery
	Convenient Market		Restrooms

The **Central New Jersey Rail Trail (CNJ Trail)** follows the Lackawanna River for one (1) mile through South Scranton. The CNJ Railroad Trail is part of the **Lackawanna River Heritage Trail**, a forty mile long multi-use trail along the river from Union Dale to the confluence with the Susquehanna River in Duryea and Pittston.

The CNJ Rail Trail is open to the public. It is finished with a crushed stone surface to allow a low impact surface for walking, jogging, and biking.

South Side Sports Complex, located in the middle of the trail, provides trail users with a place to relax. The park is owned by the University of Scranton, and it has public restrooms, tennis courts, basketball courts, and a baseball field.

The CNJ Trail offers a different look of Scranton with lovely views of the Lackawanna River and chance encounters with wildlife along the trail.



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